

Moody AFB Pharmacy

“Relentless Pursuit of Pharmaceutical Excellence”

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Eliminate Dosing Cups Which Measure in Fluid Drams

New Prescription Drop Off Service to Begin at the BX Pharmacy on 5 Oct

Moody Air Force Base Pharmacy is excited about our upcoming renovation. Our lobby will gain approximately 20 chairs and our internal workspace will increase by 1/3! Additionally, we will have a new private consulting area just outside the pharmacy.

As with any construction, there will be challenges to overcome during the transition. Our first big hurdle will begin on 5 Oct when we decrease to two service windows for approximately three months. Our goal is to continue to serve the same number of people in the same amount of time, despite 50% decreased access.

To achieve this goal, we will begin a prescription drop off service at the BX Pharmacy during normal BX Pharmacy operating hours. Patients who see an off base provider and are issued a hard copy paper prescription may utilize this service if they do not need their medication(s) until the following day. This service will allow us to divert foot traffic from the Main Pharmacy and efficiently serve the needs of all patients.

The following rules of engagement apply to this service:

- ⇒ Please wait in the usual line at the BX to drop off a prescription
- ⇒ The technician will perform quality checks on the prescription and your other health insurance before you leave
- ⇒ Prescriptions dropped off will be ready for pick up at the Main Pharmacy the following duty day
- ⇒ If the prescription was dropped off after noon, please wait until after noon the following day to present for pick up
- ⇒ To pick up the medication, simply join the line at Window #2
- ⇒ Patients needing medications same day may still present prescriptions to the Main Pharmacy for fill

As always, we thank you for making Moody Air Force Base Pharmacy your pharmacy of choice. We hold your safety as our number one priority, and continue to strive to deliver outstanding customer service. Please help spread the word about this new service initiative.



Upcoming Closures:

- 4 Sep (ACC Family Day)
- 7 Sep (Labor Day)
- 29 Sep (CAF Day)
- 12 Oct (Columbus Day)

Contact Info and Hours of Operation:

Main Pharmacy

- 229-257-3221
- 0800-1700 M, T, Th, F
- 0900-1700 W

BX Pharmacy

- 229-257-7455
- 0900-1700 M-F

Pharmacy Volunteer Opportunity!

The American Red Cross now has an office on the 23d Medical Group campus. They are co-located with the Resource Management office in Building 893. If you would like to volunteer in the pharmacy, or anywhere in the medical group, you must complete an application at www.redcross.org. Click the "Find Your Local Red Cross" tab. Enter 31602 as the zip code and choose the Patterson Street location. Then click on the "Volunteer Opportunities" tab which will allow you to then click on the "Become a Volunteer" tab. Complete and submit the application located on this page. A POC from our local Valdosta chapter of the American Red Cross will contact you to complete the process.



Formulary Changes

Additions

- Apixaban (Eliquis)
- Duloxetine (Cymbalta)
- Linaclotide (Linzess)
- Oxcarbazapine (Trileptal)
- Freestyle Lite monitors & strips
- Vitamin B12 syringes

Deletions

- Alendronate/Vitamin D (Fosamax Plus D)
- Darifenacin (Enablex)
- Mometasone (Nasonex)
- TRUEtest monitors & strips

Pharmacy Team

Flight Commander

Maj Nicole Escher

Pharmacists

Capt Leighcraft Shakes
Dr. Kenya Lovett
Mr. Tommy Tolbert

Flight Chief

MSgt Co Nham

Pharmacy Technicians

MSgt Allan Hogan
SSgt Brian Freeman
SSgt Rachael Keatley
SrA Preston Keith
A1C Samantha Donham
A1C Chris Gingerich
Mrs. Dianne Holloway
Ms. Kayla Rains
Mrs. Zina Smith
Mr. Mike Speziale

Find Our Formulary Online

Did you know the Moody AFB Pharmacy formulary is available online? Go to the Moody Force Support website at www.moodyfss.com. Hover over the Facilities tab, then Support Services, then click Retiree Affairs. Under Important Links, click "Moody Pharmacy Drug Formulary."

TRICARE Mail Order/MTF Pharmacy Initiative

What's changing?

Starting October 1, 2015, most beneficiaries will be required to fill brand name maintenance medications through military pharmacies or TRICARE Pharmacy Home Delivery, also known as Mail Order. Maintenance drugs are those taken regularly for a chronic condition (ie. blood pressure, cholesterol). Beneficiaries who do not convert to Home Delivery or MTF by October 1, 2015 have two 30-day "courtesy refills" at a retail pharmacy for an affected drug before they become responsible for the full cost of their medication.

How do I switch to Home Delivery?

- By phone at 877-363-1303
- Online at Tricare.mil. Click "Manage My Prescriptions" in the "I Want To" section
- Ask your doctor to e-prescribe directly to Home Delivery

Are there any exceptions?

- Active duty members are exempt
- Beneficiaries with other health insurance that includes a prescription drug benefit
- Beneficiaries living in a nursing home or who have another hardship may request a waiver by calling Express Scripts
- Beneficiaries can still get short-term meds for acute conditions from retail pharmacies

Use the Metric System (milliliters) as the Standard for Liquid Medications

Healthcare professionals are familiar with the mix-ups that have occurred when measuring doses of liquid medicine using dosing cups, sometimes causing serious medication errors. To prevent mix-ups between variable measurement systems, multiple national organizations have called for the adoption of the metric system as the standard for prescribing and measuring doses of liquid medications.



Figure 1. Commonly used dosing cup includes archaic measurement scale in drams, which has been confused with mL. Dosing cups should have only a mL scale.

While prescribers have mostly converted to milliliters (mL's), many pharmacies and hospitals still use dosing devices that have household measures (tsp) and even drams, which are no longer taught to healthcare professionals. Another problem with the conventional dosing cup pictured in Fig 1 is the measurement scales are embossed, rather than printed, making them difficult to read.

Unfortunately, mL-only dosing cups are not widely available at this time. Moody AFB Pharmacy will discontinue use of the pictured cup which measures in fl oz, drams, tsp/TBS and mL's. In their place, we will supply oral syringes which measure in mL and household measures until mL-only devices are available.

